

## **How the Walk for Women Works**

### **Role of the Team Captain**

It is the goal of the Team Captain to raise \$500.00 with their team. The team can be comprised of family members, neighbors, friends, co-workers, anyone you want to ask to be on your team. Team Captains recruit as many people for their team as necessary. Each team member then contacts their family, friends, neighbors, co-workers and others by mail, phone or in person and asks them to support the Missouri Western State University Walk for Women by either joining the walk or sponsoring a walker.

- Walkers will ask for a flat donation; for example, \$20.
- Each participant is asked to raise a minimum of \$50. Donation forms and sponsor sheets can be easily accessed on our Gogriffons.com web site. When money is received, the deposit slip is filled out and sent with the money to the Missouri Western Athletic Office or to the Team Captain. Walkers are strongly encouraged to turn in their money by November 6<sup>th</sup>.

### **How to Get Donations: JUST ASK! Be positive and enthusiastic.**

This is a fun event. The money raised will be used toward supporting increased educational and athletic opportunities for our female student-athletes. In addition, proceeds will also go toward the YWCA Choices program. These young ladies will be our teachers, businesswomen, and civic leaders of tomorrow. Some suggestions: people who have contacted you for raffles and other fund raisers, neighbors, relatives, co-workers, those you do business with, doctors, beauticians, insurance agents.

### **What To Do To Join**

- Return the registration form to the team captain who has recruited you. She will be in contact to provide you with necessary information.
- If you are not affiliated with a team, send your registration to the Missouri Western State University Athletic Department. You will be contacted and placed on an MWSU team.
- Do you want to organize your own team? Call the Missouri Western State University Athletic Department for more information (816) 271-4480.