

# 2009 All-Super Region 4 Football Team

Region Coordinator: Trey Reed ■ Midwestern State University ■ [trey.reed@mwsu.edu](mailto:trey.reed@mwsu.edu) ■ (940) 397-4818

## Players of the Year

### Zack Eskridge, Midwestern State Offensive Player of the Year



Midwestern State's **Zack Eskridge** led NCAA Division II in pass efficiency while leading the Mustangs to their first Lone Star Conference championship and to their fourth postseason appearance with a 9-3 record.

**Eskridge** completed 71.3 percent of his passes for a school-record 3,295 yards. The junior signal caller connected on 29 touchdowns to six interceptions.

### Zach Watkins, Washburn Defensive Player of the Year



Washburn's **Zach Watkins** garnered Mid-America Intercollegiate Athletic Association Defensive Player of the Year honors after leading the conference with 108 tackles this season.

The three-time All-MIAA first-teamer is a four-time Daktronics All-Region performer including second-team accolades from 2006-07 and first-team honors in each of the last two seasons.

## First Team

### Offense

Pos	Player	School	Class	Ht.	Wt.	Hometown
TE	Mike Higgins	Nebraska-Omaha	Jr.	6-5	241	Pickrell, Neb.
OL	Tony Washington	Abilene Christian	Sr.	6-7	305	New Orleans, La.
OL	Lance Calloway	Midwestern State	Sr.	6-2	275	Wylie, Texas
OL	Brett Grozinger	Northwest Missouri State	Jr.	6-4	280	Chillicothe, Mo.
OL	J'Marcus Webb	West Texas A&M	Sr.	6-8	325	Mesquite, Texas
OL	Markeith Wesley	Texas A&M-Kingsville	Sr.	6-0	320	Navasota, Texas
WR	Jake Soy	Northwest Missouri State	So.	6-3	210	Durant, Iowa
WR	Andy Tanner	Midwestern State	Sr.	5-11	185	Rockwall, Texas
QB	Zack Eskridge	Midwestern State	Jr.	6-4	215	Rowlett, Texas
RB	LaRon Council	Northwest Missouri State	Sr.	5-10	210	Kansas City, Mo.
RB	Fred Winborn	Texas A&M-Kingsville	Jr.	6-0	200	North Hollywood, Calif.
RS	Jerome Hewitt	Southeastern Oklahoma	Sr.	5-5	170	Gainesville, Texas
PK	Garrett Lindholm	Tarleton State	Sr.	5-9	190	Pflugerville, Texas

### Defense

Pos	Player	School	Class	Ht.	Wt.	Hometown
DL	Aston Whiteside	Abilene Christian	So.	6-2	255	Vernon, Texas
DL	William Green	Texas A&M-Commerce	Sr.	5-10	290	Dallas, Texas
DL	Calvin Fance	Angelo State	So.	6-1	250	Houston, Texas
LB	Zach Watkins	Washburn	Sr.	6-0	235	Independence, Mo.
LB	Marcus Phillips	Tarleton State	So.	5-11	220	Humble, Texas
LB	Buddy Wood	Central Washington	Sr.	6-3	214	Chattaroy, Wash.
LB	Chad Kilgore	Northwest Missouri State	So.	6-1	225	Orrick, Mo.
S	Myles Burnside	Northwest Missouri State	Sr.	5-11	195	Maryville, Mo.
S	Giorgio Durham	Central Oklahoma	So.	6-0	190	Oklahoma City, Okla.
CB	Micah Hill	Midwestern State	Sr.	5-10	180	Houston, Texas
CB	Rodney Mitchell	Eastern New Mexico	Jr.	6-0	180	Sarasota, Fla.
P	Mike Langston	Dixie State	Jr.	6-2	200	Riverside, Calif.



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## Second Team

### Offense

Pos	Player	School	Class	Ht.	Wt.	Hometown
TE	J.J. Ford	Midwestern State	Sr.	6-4	240	Garden City, Kan.
OL	Jason Wiseman	Northwest Missouri State	Jr.	6-4	275	Garden City, Mo.
OL	Nathan Martin	Missouri Western	Sr.	6-2	280	Wentzville, Mo.
OL	Tony Quirk	Central Washington	Sr.	6-6	300	Ellensburg, Wash.
OL	R.J. Brisbon	Texas A&M-Commerce	Sr.	6-5	296	Wetumpka, Ala.
OL	Jorge Guerra	Texas A&M-Kingsville	Sr.	6-3	302	Roma, Texas
WR	Cedric Houston	Missouri Western	Sr.	6-0	195	Kissimmee, Fla.
WR	Johnny Spevak	Central Washington	Sr.	6-3	200	Edgewood, Wash.
QB	Blake Bolles	Northwest Missouri State	Jr.	6-4	210	Lincoln, Neb.
RB	Keithon Flemming	West Texas A&M	Sr.	6-0	210	Mesquite, Texas
RB	Randall Eldridge	Central Washington	Sr.	5-9	192	Lynnwood, Wash.
RS	C.J. Lovett	Fort Hays State	Sr.	6-1	190	Thornton, Colo.
PK	Garrett Rolsma	Central Washington	Sr.	6-1	200	University Place, Wash.

### Defense

Pos	Player	School	Class	Ht.	Wt.	Hometown
DL	Eugene Sims	West Texas A&M	So.	6-6	235	Mount Olive, Miss.
DL	Eric Lawrence	Washburn	Sr.	6-2	205	Belleglade, Fla.
DL	Jairius Jarvis	Missouri Southern	Sr.	6-5	245	Donaldsonville, La.
LB	Nathan Uland	Eastern New Mexico	Jr.	5-10	210	Denton, Texas
LB	Fred Thompson	Abilene Christian	Jr.	5-10	250	Houston, Texas
LB	Kevin Washington	Abilene Christian	Jr.	6-1	250	Sugar Land, Texas
LB	Bryan Braman	West Texas A&M	Jr.	6-6	245	Spokane, Wash.
S	Tony Harp	Abilene Christian	Sr.	5-9	185	San Antonio, Texas
S	Randy Shepherd	Central Missouri	Sr.	5-11	190	Kansas City, Kan.
CB	Ryan Jones	Northwest Missouri State	Jr.	5-11	195	Liberty, Mo.
CB	Tae Evans	West Texas A&M	Jr.	6-0	195	Amarillo, Texas
P	Kyle Hopf	Tarleton State	Jr.	5-9	170	Llano, Texas

The team, which is sponsored by Daktronics, Inc., an acknowledged leader in scoring, timing and programmable display systems, is voted on by members of the College Sports Information Directors of America (CoSIDA).